

# CONGEE

YOUR NEW COMFORT FOOD

## NOTES

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- *Treat congee like you would oatmeal. Add sweet or savoury toppings and spices.*
- *This will make a large batch. Feel free to make smaller batches.*



## INGREDIENTS

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- 8 Cups Water
- 1 1/3 Cups Brown Rice

## DIRECTIONS

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1. Rinse rice
2. Add water and rice to pressure cooker
3. Electric Pressure Cooker: Select Pressure Cook (or Manual), High and set time for 40 minutes. Make sure the vent is set to sealing
4. Stovetop Pressure Cooker: Turn heat to high until cooker comes to pressure. Then turn the heat down to as low as it can go while maintaining pressure. Once at pressure, set timer for 35 minutes
5. Allow pressure cooker to naturally release
6. Store congee in fridge until ready to use.